

# CHRISTCHURCH DISTRICT MANIKINS

Kit includes;

- Adult manikin
- child manikin
- baby manikin
- face shields



Kindly donated by



## Use

Please book the manikins out for the duration you will need them, from collection to return, using the website request button - <http://members.christchurchscouts.org.uk/district-kit/>

The kit is in a flat, white, plastic storage box. It is stored in the training room at CSC. Arrange for access to CSC (Town leaders or Brett can suggest someone for you) to collect and return it.

**The lungs are plastic bags which splay out round the lips and must not be removed or damaged. Without them the manikins will not work. If there is a problem with the lungs, please let the DC or Paul Rayner (pmr.tudeley@talktalk.net) know.**

Because of this design, the manikins **must** be kept sanitised through the use of the face shields. These should be given out and each person keeps their one shield for the duration of the session. They have a cost so please limit wastage.

When you pack it all away, please **check the lungs are undamaged**. Also consider if there are enough face shields for the next group. If not, please let the DC **or Paul Rayner** know.

These manikins have closed noses so you do not need to pinch hard and it works.

## Scout Programme

CPR is required for Emergency Aid Stage 3, to assist 'unconscious and not breathing'.

It should only be taught by leaders with relevant knowledge ie a current First Response certificate or higher. Or by someone external with relevant knowledge eg a parent paramedic.

YP should be instructed on how to handle this expensive equipment and reminded that "A Scout makes good use of time and is careful of possessions and property".

YP should be reminded that in a real situation, they need to pinch the nose tight to seal it.

Resources:

- [https://youtu.be/Ff\\_kalDZfzU](https://youtu.be/Ff_kalDZfzU) (Kids version of Vinnie Jones' CPR training advert)
- <https://www.bhf.org.uk/heart-health/how-to-save-a-life>
- <https://www.youtube.com/watch?v=K5FYkoFfcHs> (Ordinary day - being prepared)
- <https://www.youtube.com/watch?v=DDexy5ynQBg> (Steve's Day - dealing with choking)